

Longer Recess for Students

by Gordon Cheng

At school, students don't have enough time to rest because the recess is too short. In my opinion, they should have more time for recess.

First, with a longer recess, students can take a longer rest. They can have more energy and be more attentive during the lessons. It is food for their learning. I suggest that students should have longer recess.

Second, with a longer recess, students can talk with their friends. They will be happier and build good friendship. I suggest that students should have longer recess.

Last but not least, with a longer recess, students can do more exercise. If they can do more exercise, they can grow stronger and healthier. I suggest that students should have longer recess to do more exercise.

In my opinion, teachers should give longer recess for students because it is good for their learning and health.

